



## O'DONNELL ISD HEALTH SERVICES

### Naloxone/Narcan- Protocol/Policy

It is the policy of O'Donnell ISD to provide assistance to any person(s) who may be suffering from an opioid overdose. Protocols and procedures of the school district will be followed. Staff members, trained in accordance with the policy, shall make every reasonable effort to revive the victim of the overdose using Naloxone and BLS skills.

Texas Senate Bill 1462 allows personnel to administer, acting in good faith, an opioid antagonist to anyone believed suffering from an opioid related drug overdose. They will not be subject to criminal prosecution sanction or civil liability.

All employees (teachers & administration – may have some exceptions) will be trained yearly by SRO, professional nurses, or collaborative provider designee.

OISD law officers and school nurses will maintain Naloxone/Narcan. It is preferred, the SRO keeps Naloxone/Narcan on their body. Naloxone/Narcan will be kept in the nurse's office in a clearly marked container at the Elementary campus. It will be kept in a clearly marked container in the front office at the Secondary Campus.

The Naloxone medication OISD will administer is a pre-packaged intra-nasal 4 mg. spray. The box contains two separate inhalers.

OISD Health Services staff or SRO will be responsible for maintaining Naloxone/Narcan. They will also be responsible for keeping replacing and keeping current the Naloxone/Narcan.



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**SIGNS AND SYMPTOMS OF OPIOID OVERDOSE:**

<b>OPIOID HIGH</b>	<b>OPIOID OVERDOSE</b>
Relaxed muscles	Pale, clammy skin
Speech slowed and slurred, slowed breathing	Speech infrequent, not breathing, very shallow breathing
Appears sleepy	Deep snoring or gurgling
Responds to stimuli	Unresponsive to stimuli (calling name, shaking, sternal rub)
Normal heart beat/pulse	Slowed heart beat/pulse
Normal skin color	Cyanotic skin coloration (blue lips, fingertips)
	Pinpoint pupils

**RESPONSE TO AN OPIOID -RELATED DRUG OVERDOSE:**

- Recognize the overdose
- Call for help – Dial 911
- Place the person on their back
- Tilt head
- Lift chin
- Check breathing for no more than 10 seconds
- Check mouth for any obstructions
- Do rescue breathing as taught in BLS (CPR) – Mask and non-mask methods
- Blow enough air to make their chest rise
- Give 1 breath every 5 seconds



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#### **REVERSE/ADMINISTER INTRA-NASAL NALOXONE/NARCAN**

- Remove Narcan from the box by peeling back the tab to open
- Hold the Naloxone/Narcan nasal spray with your thumb on the bottom of the plunger and your first and middle finger on either side of the nozzle
- Keeping the head tilted back, gently insert the tip of the nozzle into either nostril
- Press the plunger firmly to give the dose of Naloxone/Narcan Nasal Spray
- Remove the Nasal Spray from the nostril after giving the dose
- If no response to first dose of Naloxone/Narcan inhaler in 2 to 3 minutes, repeat the same dose using the 2<sup>nd</sup> inhaler provided in the box. Use other nostril for administration
- Place person in recovery position (lying on their side)
- Stay with person until help arrives
- Maintain airway, monitor heart beat (pulse), start BLS (CPR) as necessary
- Seize all illegal and/or non prescription opioid narcotics found on victim and give Administration Personnel for that campus for disposal of medication

#### **REFER/REPORTING OF NALOXONE/NARCAN ADMINISTRATION**

- Have the individual transported to the nearest medical facility, even if symptoms seem better
- Contact parent/guardians
- The person responding to and reversing the overdose event, will need to complete the “REPORT OF NALOXONE/NARCAN ADMINISTRATION” sheets (2)



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- The sheets are located in the Naloxone/Narcan boxes (Elementary nurses office – Secondary front office)
- Send completed copies to the Health Services Director (School Nurse) and Principal of affected campus within 24 hours of incident



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